

## Finger Labyrinth Collection

### Crocheted Spiral Finger Labyrinth

This little spiral finger labyrinth can be finished simply, as shown, or the beginning (or is it the end?) of its path might be ornamented with a charm, tassel or loop. Worked in kitchen cotton yarn, it may serve as a spa washcloth or coaster for your teapot when it's not on duty as a finger labyrinth.

A very helpful video demonstration for starting a two-color spiral with an adjustable ring may be found at <https://youtu.be/JqSkkRcH-HA>.

#### Materials:

Worsted cotton yarn:

1 ball Color A and 1 ball Color B

G hook

3 stitch markers

#### Abbreviations and other notes:

**SC:** Single crochet

**HDC:** Half double crochet

**DC:** Double crochet

**2DC:** 2 double crochet in same stitch

**St, Sts:** Stitch, stitches

**Adjustable ring:** See video demonstration noted above.

**DC in back loop:** Insert hook not under both loops of stitch below, but under the back loop only. This creates the defined "curb" of the spiral labyrinth's path.

**Round 1:** With Color A, make adjustable ring. In adjustable ring, work [CH 1, SC, HDC, 2DC]. Place marker. Remove hook. Now join Color B: put a slipknot on the hook and work in same adjustable ring [CH 1, SC, HDC, 2DC]. Place marker. Do not remove hook. Draw ring closed. 8 sts.

**Round 2:** With Color B on hook, 2DC in back loop of the four sts of Color A in row below (that is, SC, HDC, 2DC). Place marker, remove hook. With Color A, 2DC 2 in back loop of the four sts of Color B in row below. Place marker. Do not remove hook. 16 sts.

**Round 3:** With Color A on hook, [2DC in back loop of each st] 8 times. Place marker. Remove hook. With Color B, [2DC in back loop of each st] 8 times. Place marker. Do not remove hook. 32 sts.

**Round 4:** With Color B on hook, [2DC in back loop of next st, DC in back loop of next st] 8 times. Place marker. Remove hook. With Color A, [2DC in back loop of next st, DC in back loop of next st] 8 times. Place marker. Do not remove hook. 48 sts.

**Round 5:** With Color A on hook, [2DC in back loop of next st, DC in back loop of next 3 sts] 6 times. Place marker. Remove hook. With Color B, [2DC in back loop of next st, DC in back loop of next 3 sts] 6 times. Place marker. Do not remove hook. 60 sts.

**Round 6:** With Color B on hook, [2DC in back loop of next st, DC in back loop of next 5 sts] 5 times. Place marker. Remove hook. With Color A, [2DC in back loop of next st, DC in back loop of next 5 sts] 5 times. 70 sts.

**End:** You might choose to finish by simply tying off the last st of each color, or chain 2 and attach a charm to the last st of each color, or whatever else feels right. In any case, weave in the ends securely.

*Disciples Women - Christian Church (Disciples of Christ)  
Thanks to our sisters of the ELCA for sharing resources.*